Changing the way you think about Mental Health

Outreach Wellness Learning (OWL) Pilot Facilitator Training

Are you interested in bringing mental health awareness to your community?

Mental Health America of Georgia is recruiting individuals to become trained facilitators for our OWL Seminars.

OWL seminars were designed to educate communities on mental health and wellness, how to recognize signs and symptoms of mental illness, implement effective strategies to gain/maintain good mental health and eliminate the stigma associated with mental illness to increase access to behavioral health supports and services.

There are no costs associated with participating in this pilot and through successful completion of the facilitator training, MHA of Georgia will contract with you to facilitate the trainings in select communities.

Facilitator Expectations:

**Before certification:**
- Be passionate about bringing awareness to mental wellness
- Be comfortable speaking in front of small and large groups
- Attend a virtual information session to learn more about the program

**Becoming Certified:**
- Required to attend 1.5 day training
- Written exam and presentations
- Peer evaluations to support ability to present seminars

**After certification:**
- Meet regularly to discuss your progress
- Provide input on the activities, seminars and collect data materials
- Champion the seminars in the community by facilitating a minimum of 1 training

If you are interested in becoming a facilitator, please contact Maegan Pringle at maegan@mhageorgia.org