

Mental Health America of Georgia presents:



Mental Health First Aid teaches a 5-step action plan encompassing the skills, resources, and knowledge to help an individual in crisis connect with appropriate professional, peer, and self-help care. The overall aims of MHFA are to: (1) Preserve life when a person may be a danger to self or others; (2) Provide help to prevent the problem from becoming more serious; (3) Promote and enhance recovery, and; (4) Provide comfort and support. Modules include: Adult, Youth, Teen, and Public Safety.



Georgia
Department of
Behavioral Health
& Developmental
Disabilities

**Email info@mhageorgia.org to register for an upcoming session
or find out how host your own session!**